



Latvian Kickboxing Federation

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“Latvia Open 2019”

23-th international kickboxing championship (kick-light, full-contact , K-1 rules)

Date	22th – 24th of March, 2019
Organizers	Latvian Kickboxing federation , in cooperation with Sport Department of the Ministry of Education and Science of LR, Council of Latvian Sport Federations and Riga City Council Phone: +371 29100236, e-mail: wakolat@inbox.lv
Place	Riga Secondary school “Hanzas” (Sport hall), Grostonas street 5, Riga, Latvia
Registration and weightening	22th of March 15:00 – 19:00 in the "Hotel Stabu Sēta Residence", Stabu street 8, Riga, Latvia
Drawing	22th of March 19:30 - 20:30 in the "Hotel Stabu Sēta Residence", Stabu street 8, Riga, Latvia
Seminar for referees	23th of March 09:00 - 10:00 in the Sport Hall of secondary school Hanzas
Programme	<ul style="list-style-type: none"> - 23th of March 10:00 - 15:00 and 16:00 - 20:00 (preliminary fights) - 24th of March 10:00 - 18:00 (finals)
Awarding	Diploma, medals and other valuable prizes. First 3 places in each discipline will be awarded with cups and valuable prizes.
Disciplines and Regulations (WAKO)	<p>Kick-Light</p> <p>Children 6,7 y. (girls / boys) 2 x 1 min. -18kg, -23kg, -26 kg, -29 kg, -32 kg, +32 kg</p> <p>Children 8,9 y. (girls / boys) 2 x 1 min. -23kg, -26 kg, -29 kg, -32 kg, -36 kg, +36 kg</p> <p>Younger Cadets 10-12 y. (girls / boys) 2 rounds x 1.5 min. -28 kg, -32 kg, -37 kg, -42 kg, -47 kg, +47 kg.</p> <p>Older Cadets 13-15 y. 2 x 2 min. -42 kg, -47 kg, -52 kg, -57 kg, -63 kg, -69 kg, +69 kg (boys) -42 kg, -46 kg, -50 kg, -55 kg, -60 kg, -65 kg, +65 kg (girls)</p> <p>Juniors 16-18 y., Seniors 19 and older 3 rounds x 2 min. -57 kg, -63 kg, -69 kg, -74 kg, -79 kg, -84 kg, -89 kg, -94 kg, +94 kg (male) -50 kg, - 55 kg, -60 kg, -65 kg, -70 kg, +70 kg (female)</p> <p>Full-contact / K-1 rules</p> <p>Younger Juniors 15-16 y. 3 rounds x 2 min -48 kg, -51 kg, -54 kg, -57 kg, -60 kg, -63,5 kg, -67 kg, -71 kg, -75 kg, -81 kg, +81 kg -36 kg, - 40 kg, -44 kg, - 48 kg, -52 kg, -56 kg, -60 kg, +60 kg (female)</p> <p>Older Juniors 17 – 18 y., Seniors 19 y. and older 3 rounds x 2 min -54 kg, -57 kg, -60 kg, -63,5 kg, -67 kg, -71 kg, -75 kg, -81 kg, -86 kg, -91 kg, +91kg -52 kg, - 56 kg, -60 kg, -65 kg, -70 kg, +70 kg (female)</p>

Requirements to all participants and to organisations delegating sport teams.

1. All applications for participation in the championship must be submitted before the **17th of March, 2019**. Applications can be submitted by e-mail wakolat@inbox.lv.
Extra fee (5 EUR for each participant) will be charged for every application, enquired after deadline.
2. Each participant must have a **valid identity document (with photo)** and a **medical certificate**, signed by a doctor.
In case of need sportsmen will be able to undergo medical check during the registration for additional fee (5 EUR).
All participants, who do not have a medical certificate, will not be allowed to compete !
3. Each team is itself responsible for all expenses carried by the team (starting fee, accommodation, transportation, meal, etc.).
4. On preliminary agreement with the organizing committee, judges from counties-participants are welcome.
5. Starting fee is **20 EUR** per fighter per discipline.
Extra fee (5 EUR for each participant) will be charged for athlete overweight.
6. All participants must have their own protective gear and uniform according to WAKO rules <http://www.wakoweb.com>
7. All international teams must submit their national flag during the registration.
8. **Mandatory obligation to all participants is to reside only in hotels provided by the organisers:**

**Double/triple room, Studio - price for one night per person including breakfast and dinner is 30 EUR.
Single room - price for one night per person including breakfast and dinner is 35 EUR.**

Teams, that do not submit application for accommodation in time (until 06.03.2019.), are themselves responsible for their accommodation.

If you need an **entry visa to Latvia**, Latvian Kickboxing federation may provide you with an official invitation letter. Please forward to the organizing committee fax or e-mail with the following information:

- surname and name (as it is written in the passport)
- date and place (city, region, country) of birth
- nationality / citizenship
- address of permanent residence (home address)

Please note that period for a visa procedure may differ depending on nationality of the applicants. The federation will inform each team which apply for a visa about concrete time of the visa procedure. Please get in touch in advance with the nearest Latvian embassy or consulate for more information about visa requirement. All consular expenses shall be covered by the applicants. Invitation is NOT for free. Fee for the invitation letter must be paid to the federation bank account in advance. In case the above mentioned information is not submitted in time, the organizing committee does not guarantee arrangement of the invitation letter in time. The host organisation is not responsible for issue of the entry visa to Latvia. Invitation letter does not give an automatic right to enter Latvia.

Confirmed by LKF Executive Council
10th of January, 2019

V. Jersovs
Chairman of the Board of the Latvian Kickboxing federation