

***GARANT CUP 2019***  
***(WAKO K-1 Rules)***

***2-3 NOVEMBER***

# **Regulations**

## **THE ORGANIZER**

Estonian Kickboxing Federation and Club Garant

## **VENUE**

Sport Center “*Garant Gym*”, Tallinn, [Katleri str. 2a.](#)

## **SCHEDULE**

<b>ACTION</b>	<b>DATE</b>	<b>TIME</b>	<b>ADDRESS</b>
Weight-in and Registration	<b>2.11.2019</b>	10:00 - 12:00	«GARANT GYM», Katleri 2A
Draw	<b>2.11.2019</b>	12:00 - 13:00	«GARANT GYM», Katleri 2A
Referees meeting	<b>2.11.2019</b>	13:00 - 14:00	«GARANT GYM», Katleri 2A
Preliminary bouts, semifinals	<b>2.11.2019</b>	14:00 - ...	«GARANT GYM», Katleri 2A
FINALS	<b>3.11.2019</b>	10:00 - ...	«GARANT GYM», Katleri 2A

## **RULES, HEAD REFEREE AND PROTESTS**

The Garant Cup 2019 competition is held under WAKO rules, which can be found on the official website - <http://www.wakoweb.com/en/>. Please note that according to the WAKO rules fighters are not allowed to use elbows.

HEAD-Referee – Mr. DEN LAHTIKOV (+372 53466030 , [denislahtikov@gmail.com](mailto:denislahtikov@gmail.com)). Protests during the competition-on the name of Chief referee with pledge 100 EUR no later than 30 minutes after the fight. Final decision will be given by the member of the appeal committee.

**The symbology of MUAYTHAI is forbidden!!!**

## **AGE AND WEIGHT CATEGORIES**

### **KIDS 1 (7 years)**

Weight Categories: -24, -26, -28, -30, -32, -34, -36, -38, -40, -42, -44, -46, -48, 48+ kg.

### **KIDS 2 (8 years)**

Weight Categories: -26, -28, -30, -32, -34, -36, -38, -40, -42, -44, -46, -48, 48+ kg.

### **CADETS 1 (9-10 years)**

Weight Categories: -26, -28, -30, -32, -34, -36, -38, -40, -42, -44, -46, -48, -51, -54, -57, 57+ kg.

### **CADETS 2 (11-12 years)**

Weight Categories : -28, -30, -32, -34, -36, -38, -40, -42, -44, -46, -48, -51, -54, -57, -60, 60+ kg.

### **CADETS 3 (13-14 years)**

Weight Categories: -40, -42, -44, -46, -48, -51, -54, - 57, -60, -63,5, -67, 67+ kg.

### **YOUNGER JUNIORS MALE (15-16 years)**

Weight Categories: -42, -45, -48, -51, -54, -57, -60, -63.5, -67, -71, -75, -81, 81+ kg.

### **YOUNGER JUNIORS FEMALE (15-16 years)**

Weight Categories: -36, -40, -44, -48, -52, -56, -60, 60+ kg.

## **OVERWEIGHT IS NOT ALLOWED!!!**

## **REGULATIONS OF THE FIGHTS**

- For KIDS it will be 2 rounds, 1 minute each. One minute of rest shall be given between the rounds (1 KD).
- For CADETS 1,2,3 it will be 2 rounds, 2 minutes each. One minute of rest shall be given between the rounds (2 KD).
- For JUNIORS it will be 3 rounds, 2 minutes each. One minute of rest shall be given between the rounds (2 KD).

**PLEASE NOTE! FOR KIDS AND CADETS (1,2,3) - IT IS NOT ALLOWED TO ATTACK THE HEAD WITH A KNEE!**

## PARTICIPATION

All Kickboxing clubs of Estonia and other countries, according to given entry-forms. Each club may present several fighters in each weight division. **All fights will be held in K-1 Rules.**

**Each team should send an application via e-mail [garantcup@gmail.com](mailto:garantcup@gmail.com) till 30th of October. The entry fee for fighters is 20 EUR.** Fighter must have a health certificate, otherwise he has to pass a medical inspection which will cost him/her 10 EUR.

**ATTENTION!** The sport team representatives are responsible for their fighters. If the fighter does not have a health certificate, the sport team representatives should sign the responsibility for the fighter's health. Each fighter must provide his/her proof of identity.

- WAKO sport pass (**incl doctor's visa**) for WAKO members
- National pass (ID card or driving license) for others (non members).
- Valid permit to fight signed by sport doctor.
- Insurance.
- All participants must take visas by them self in Estonian embassies in their countries if needed.
- Money in cash for starting fee.

## EQUIPMENT:

- Boxing gloves, 10 OZ, without laces.
- Head-protection (top of the head must be covered), according to the colour of the corner. **Classic boxing helmets are forbidden.**
- Mouth guard (for male and female mandatory).
- Groin protection for male and female (breast protection for female).
- Boxing wraps.
- Shin guards (Shin guards with metal/plastic elements are forbidden).
- Kickboxing Shorts (**MUAY-THAI symbolic is NOT ALLOWED!**).
- Protective vests for 7-10 year olds competitors (KIDS 1,2 and CADETS 1). Vests will be provided by promoter.

**KIDS AND CADETS 1 MUST USE CHEST PROTECTORS DURING THE FIGHT.**

Event promoter will provide: head guards and chest protectors.

## **JUDGEMENT**

Each team has an opportunity to provide one certified WAKO judge. Please note, that the Chief Referee has to be informed. Event promoter is responsible for providing lunch for the judges.

## **ENTRY-FORMS**

Preliminary entry-forms must be presented NO LATER THAN 30TH OF OCTOBER via e-mail: [garantcup@gmail.com](mailto:garantcup@gmail.com) . If the entry-form has been presented later than 30TH OF OCTOBER, the participant risks not to get a diploma/medal.

Example of the entry-form :

NAME OF THE CLUB .....

ADDRESS .....

COACH .....

SECOND IN CORNER .....

Nr. Name of the fighter Class weight

1. John JOHNSON Junior (14 years) –50 kg

.

Signature and seal of club president .....

## **MEDALS AND AWARDING**

The winners will get medals and diplomas.

## **VISA**

EU (European Union) citizens do not need visa to enter the territory Estonia.

## ACCOMMODATION

You can stay in the **Hotel “Ecoland”**: <https://ecoland.ee>

If you need to book a hotel, please feel free to contact Mr. Sergei Vinokurov:

Phone: +372 55669935

E-mail: [sergei@garant.ee](mailto:sergei@garant.ee)

If you need help with the hotel, please send an application and specify class of the hotel, date/time of arrival/departure and number of guests. **Application for accommodation should be sent no later than 28th of OCTOBER!**

Please **DO NOT BE LATE WITH THE HOTEL BOOKING!** Federation may only help you to find the hotel, but is not responsible for reservation. You are free to find and book the hotel on your own.

## ORGANIZER COMMITTEE:

Head judge: Mr. Den Lahtikov

Secretary: Mr. Kirill Ukolov

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